



Narrabri High School Canteen Menu 2024 Terms 2 and 3



* E = EVERYDAY CHOICES : O = OCCASIONAL CHOICES (As stipulated under the NSW Healthy School Canteen Strategy)

NB: WHILST "EVERYDAY CHOICES" ARE PERMITTED TO BE SERVED EVERYDAY UNDER THE CANTEEN STRATEGY, NOT ALL "EVERYDAY CHOICES" ITEMS WILL BE AVAILABLE ON SOME DAYS

BREAKFAST <i>(Served before School)</i>		COLD LUNCHES		DRINKS	
Ham & Cheese Toastie	\$4.00 E	Sandwiches <i>(Multigrain or White)</i>		Water - 600ml	\$3.00 E
Bacon & Egg Muffin (Deli purchased shortcut bacon)	\$4.00 E	Chicken & Lettuce	\$5.00 E	Water - 1 Litre	\$4.00 E
Fresh Fruit Muesli & Yogurt Cup	\$6.00 E	Egg & Lettuce	\$5.00 E	Juice - Orchy (99% Juice) - 200ml - Orange Passio	\$3.00 E
		Ham & Tomato	\$5.00 E	Flavoured Milk - 300ml - Chocolate	\$3.00 E
		Ham & Cheese	\$5.00 E	Flavoured Milk - 500ml - Chocolate, Strawberry or Vanilla	\$4.00 E
		Salad (With meat)	\$6.00 E	Plain Milk - 500ml	\$4.00 E
		Salad (No meat)	\$5.50 E	Up & Go - 250ml Chocolate	\$2.00 E
		<i>Extra Filling</i>	+ .50c	Sparkling Fruit Juice (99% Juice) - 250ml - Apple or Tropical Apple	\$3.00 E
		Toasted Sandwiches <i>(must be pre-ordered)</i>	+ .50c		
HOT LUNCHES				DAILY SNACKS	
Toasted Chicken & Cheese Wrap	\$5.00 E	ROLLS <i>(Multigrain or White)</i>		Fresh Fruit (Seasonal) - apple, banana, watermelon or orange	\$1.00 E
Grilled Chicken & Gravy Roll	\$5.00 E	Chicken Salad	\$6.00 E	Fresh Fruit Salad (Seasonal)	\$6.00 E
Grilled Chicken Burger	\$7.00 E	Ham Salad	\$6.00 E	Fresh Fruit Muesli & Yogurt Cup	\$6.00 E
Lean Beef Burger	\$7.00 E	Salad (No meat)	\$5.50 E	Freshly made popcorn	\$1.00 E
Chicken Goujons (6)	\$4.00 E			Cheese and Crackers	\$1.50 E
<i>Hot lunches must be pre-ordered</i>		WRAPS		Red Rock Deli Chips - Sea Salt	\$1.50 O
		Chicken Salad Wrap	\$7.00 E	Grainwave Sour Cream and Chives	\$2.00 O
		Ham & Salad Wrap	\$7.00 E		
		Salad Wrap (No meat)	\$6.00 E	FROZEN ITEMS	
DAILY SPECIALS				Frozen Yogurt 200g	\$3.00 O
Plain Pie or Sausage Roll (Monday only)	\$4.50 O	SALAD DISHES		Fruit Slushie (99% Juice) - Blueberry or Lemon Lime	\$3.00 E
- Tomato Sauce sachets	\$0.50 O	Salad Dish (Lettuce, tomato, beetroot, cucumber & cheese)	\$6.00 E	Frozen Juicies - (99% Juice) - Orange or Tropical	\$1.20 E
Chicken Chilli Wrap (Monday only)	\$6.00 O	Salad Dish with Ham OR Chicken (with lettuce, tomato, beetroot, cucumber & cheese)	\$7.00 E		
Spaghetti Bolognese (Tuesday only)	\$7.00 O	<i>Extra Filling</i>	+ .50c	Follow us on Facebook	
Chicken Stir Fry (Thursday only)	\$7.00 O				
Beef Nachos (Friday only)	\$7.00 O			Pens, pencils, rulers, art & exercise books, etc. are also available for purchase.	
Pre-Ordering of lunch each day before school starts is encouraged and would be greatly appreciated by Canteen Staff.				Volunteers Needed	
If you have any special dietary requirements please discuss with Canteen Staff to see if they can assist.					

Note: all chicken sandwiches, wraps, rolls and salads dishes are made with freshly canteen cooked chicken.

Prices may vary with some items.

Not all Everyday Choice items are available every day.

Sorry we DO NOT provide accounts.